



## **What You Don't Know About Denture Bonding Cream Can Hurt You**

Denture creams, also referred to as adhesives can be a great tool for extra denture suction, which naturally leads to better denture grip. Secure Denture Bonding Cream is not only great for uppers; it is specially designed for lowers. As new technologies develop, denture creams have been prepared with cellulosic materials, such as sodium carboxymethyl cellulose, hydroxyethylcellulose, and hydroxypropylcellulose either alone or in combination with ethylene oxide homopolymers, acrylamide homopolymers and copolymers, or maleic anhydride derivatives to improve the adhesion properties of these creams, but there are some things you should be aware of.

Most denture cream is slowly dissolved by your saliva, and studies have shown that it generally passes through your body without any ill side effects. Denture adhesive creams and similar compositions provide the desirable mechanical and aesthetic properties, at a minimum of cost, making these types of products inexpensive and effective for securing the dentures in your mouth. Being water soluble, these fixatives can dissolve, wash out, and result in the dentures slipping and sliding. Most denture creams are water-soluble and can be washed out by eating or drinking which may not be desirable at times.

These creams act as a real adhesive which create a secure, strong, bond between the dentures and the gums. Look for a cream or adhesive that does not dissolve in water. These creams and adhesives are applied to the face of the denture or plate which is particularly adapted to contact and mold itself to the contour of a particular oral surface in the mouth. Multiple applications of the adhesive are not only inconvenient, but are usually impractical if not impossible depending on the cream or adhesive purchased. When the dentures become loose or pull away from the jaw, it will be necessary to apply more than one application of the denture adhesive per day in order to obtain and maintain sufficient adhesion throughout the day.

Zinc is a very common ingredient in many over the counter and FDA approved products. Zinc is an essential mineral that is found in almost every cell in the body and in foods like red meat, poultry, whole grains and beans and is necessary for the maintenance of good health and nutrition. The potential for absorption of zinc through the gums is minimal but does happen. Zinc denture cream may adversely impact your health and create a copper deficiency in your body if left unchecked. If your mouth absorbs an excess of zinc, this overdose can lead to hypocupremia and neurologic diseases.

Many studies have been performed on zinc over dose and neurological disease. All the studies of denture cream zinc overdose reached the following conclusion: Denture cream containing zinc and chronic excessive use may result in hypocupremia. Tests for zinc



levels in your blood can determine quickly whether you have a zinc overdose in your body. Action should be taken immediately against zinc poisoning if you or someone you care about has been experiencing symptoms such as numbness, tingling along nerve pathways and hypersensitivity and you use Poligrip or Fixodent, please consider being examined by your doctor. People who incur permanent damage from zinc poisoning due to use of denture creams may be eligible for compensation for loss, suffering and medical treatments.

In conclusion, good denture cream acts as an inexpensive, though temporary alternative to having your dentures relined. Most creams promise all-day hold however, without personally testing each cream or adhesive it is likely that one may work for some but not all people. Denture adhesives also come with no warning make sure you read the label and avoid zinc products. However, ill-fitting dentures may impair your health- consult your dentist for periodic examinations and overall oral health.

[Secure Denture Bonding Cream 1.4 oz](#)