



DHEA Is A Master Hormone In The Body

In the recent past, DHEA has shown scientists its amazing abilities within the human body. Clinical tests have created a huge amount of interest for both scientists and consumers, with estimates of about 500 in-depth clinical studies on DHEA taking place. These tests, which have been conducted at some of the most prestigious medical research centers and universities in the country, have proven DHEA to be one of the most important anti-aging and anti-disease substances of the 21st century.

DHEA is a crucial and important hormone that is produced in the adrenal glands. It is often called the mother hormone, as it forms the base for the biochemical actions of hormones like testosterone, estrogen, progesterone, and corticosterone. These hormones control important body functions that determine metabolism, energy output, endocrine mechanisms, and reproductive capabilities. DHEA directs the entire endocrine systems through activating and inhibiting enzymes. In its many clinical studies, DHEA has shown an unusually wide variety of physiological benefits. Although it has been known for many years that DHEA is made by the adrenal glands, the function of DHEA in the body has only been recently studied.

DHEA is produced by the adrenal glands, but it can also be found in non-patented prescription drugs and other over-the-counter forms. A lot of these supplements contain a synthetic DHEA-S. A lot of people consider Dioscorea extract, which can be found in Mexican Wild Yam, to have a natural source of DHEA. There are a lot of naturally occurring compounds that can mimic the actions of DHEA and, at the time, do not require a prescription. Wild Yam and Mexican Yam can give a botanical precursor of DHEA, which is considered a substantial source by a lot of health advocates. A great number of studies on DHEA that is derived from Mexican Yam have been conducted, with results concluding that DHEA derived from Mexican Yam and Dioscorea extract is a great idea. However, some controversy surrounds the value of Wild Yam as a valuable source of DHEA.

DHEA is used in the body to make other hormone, as it is the most dominant of all the hormones present in the body. It contributes to the proper growth of brain cells, inhibits the conversion of carbohydrates to fats, decreases the formation of blood clots, regulates hormones, decreases the stickiness of platelets that can clump to cause heart attacks and strokes, increase estrogen in women and testosterone in men, lowers LDL cholesterol, enhances overall immunity, and decreases symptoms of an enlarged prostate.



DHEA helps to reduce menopausal symptoms, promotes thermo genesis, helps to increase muscle mass, stabilizes blood sugar, inhibits appetite and discourages eating, boosts endurance, inhibits diseases associated with aging, helps to restore collagen and skin integrity, fights fatigue and depression, helps to inhibit certain tumors, improves calcium absorption to discourage osteoporosis, acts as an anti-inflammatory, and helps to lower blood pressure.

DHEA levels dramatically vary in each individual and can drop as a result of stress or other conditions such as blood sugar, fever, hypertension, nicotine ingestion, alcohol consumption, drinking coffee, and the presence of various diseases. Taking birth control pills and other synthetic hormones can also deplete levels of DHEA. When any of these occur, supplementation is needed. Therapeutic doses range from 5 to 25 milligrams per day which can be found at your local health food store.

Many Brands Are Available!



DHEA-10 60ct 10mg

MSRP: \$7.79 - On Sale at **39% OFF MSRP - \$ 4.75 -**