

Osteoporosis Formula vitamins and Herbs.

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Osteoporosis Formula

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Itemnumber: 15645

Manufacturer: [Natures Life](#)

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Description: **Osteoporosis Formula**

UPC: 4064700645

Size: 250ct

Suggested Retail: \$30.09

Discount: **33% OFF MSRP**

Our Price: \$ 20.16

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General Information and datasheet (Natures Life)

Osteoporosis Formula	
Description:	
Item#:	15645
Size:	250ct Capsule
Directions:	
Serving Size:	

DataSheet:

SUPERABSORBEZE[®] Liquid Calcium

Now in easy-to-use wide mouth bottles

Doctor Formulated

- Acidified (pH 4.0) with citric acid to improve absorption
- Natural orange flavor for great taste
- Contains natural vitamin D₃ to improve calcium absorption
- Milk and lactose free, sucrose free
- Complete mineral formula to build and maintain strong and healthy bones
- From calcium sources that are easily absorbed and utilized for strong bones and teeth*

Natures Life[®] Liquid Cal Mag

Nature's Life® **Liquid Calcium** products are an excellent way to supplement a healthy diet with additional calcium. These products are especially formulated for those desiring an alternative to tablets or capsules and needing a sucrose-free, easily digested calcium supplement.

All of Nature's Life liquid calcium products are milk-free and suitable for those allergic or sensitive to milk. You'll enjoy our new wide mouth bottles; use a spoon to scoop up every last nutritious drop.

Ingredient Highlights

Calcium is required to build strong bones and teeth.* Calcium is more effective in reducing the risk of osteoporosis when used with other minerals.* Most doctors recommend supplemental calcium to women of all ages; teenagers and women on low-calorie diets are at special risk of calcium deficiency.* For maximum absorption, calcium should always be taken with food.

The National Institutes of Health has issued new calcium recommendations:

- Children 1 to 10 years, 800 mg
- Adults 11 to 24 years, 1,200-1,500 mg
- Premenopausal women, 1,000 mg
- Postmenopausal women, 1,000-1,500 mg
- Men 25 to 65 years, 1,000 mg
- Men over 65 years, 1,000-1,500 mg

Magnesium works with calcium to build strong bones.* In fact, nutritionally-oriented physicians believe that supplementing magnesium is as important as calcium.* Magnesium promotes muscle relaxation and is needed for normal transmission of nerve impulses.*

Phosphorus also works with calcium and magnesium to build strong bones.* Phosphorus, as part of ATP (adenosine triphosphate) is the main source of cellular energy that our bodies use.

Vitamin D₃ is called cholecalciferol and is the only natural Vitamin D. Vitamin D is required for bone formation and enhances the absorption and utilization of calcium and phosphorus.*

Sorbitol is a natural sweetener which is safe for diabetics. It is found in some fruits. It is digested more slowly than sugar.

Fructose is found in fruits; in fact, fructose means fruit sugar. It is sweeter than sucrose (table sugar) and so less is needed.

References

1. *J Nutr* 1994;124:1060-4.
2. *Preventing and Reversing Osteoporosis*. Prima, Rocklin, CA, 1994, pp.39-45.
3. *Am J Clin Nutr*, 1982;36(5 Suppl):986-1013.
4. *Ann Int Med*, 1987;106:40-45.
5. *Ann Chir Gynaecol*, 1988;77{5-6}:176-9.
6. *Nutr Today*, 1991; 26{2}:21-24.
7. *Ann Intern Med* 1991;115:505-12.
8. *Calcified Tissue International*, 1990.

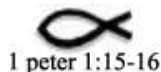
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- [Bone Tone from Solaray](#)

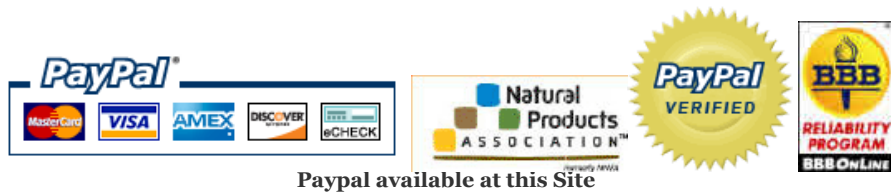
The Osteoporosis Formula Sale Price: \$20.16 - Vitamins or Herbs Should be taken as directed on the bottle.

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