

Nutritional Yeast Flakes vitamins and Herbs.

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## Nutritional Yeast Flakes

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Itemnumber: 38000

Manufacturer: [Kal](#)

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Description: **Nutritional Yeast Flakes**

UPC: 2124538000

Size: 12 oz

Suggested Retail: \$10.99

Discount: **25% OFF MSRP**

Our Price: **\$ 8.24**



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### General Information and datasheet (Kal)

Nutritional Yeast Flakes			
<b>Description:</b>	* Full spectrum of essential amino acids * Balanced variety of B Vitamins * Naturally low in fat and sodium * Primary grown for human consumption * Certified Kosher (Excluding Passover) * Candida albicans free * Typical analysis: Protein 50%, Nucleic Acids 8-10% (approx 10% DNA, 90% RNA) 1.28-1.44g		
<b>Item#:</b>	38000		
<b>Size:</b>	12 oz Powder		
<b>Directions:</b>	Two heaping tablespoons taken with water or broth is an excellent between meal snack - or simply mix with fruit or vegetable juices to make a nourishing drink.		
<b>Serving Size:</b>	2 Powder		
	<b>Ingredients:</b>	<b>Amount per serving:</b>	<b>% Daily Value: +</b>
	Sugar	1 g	~
	Calories	45	~
	Calories from Fat	5	~
	Potassium	320 mg	9%
	Molybdenum		8%
	Biotin		8%
	Magnesium		6%
	Copper		6%
	Manganese		6%
	Iron		4%

Total Carbohydrate	5 g	2%
Total Fat	0.5 g	1%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	5 mg	0%
Ingredients: Primary grown, dried edible Brewer's Yeast ( <i>Saccharomyces cerevisiae</i> ) in flake form, Niacin, Pyridoxine HCl, Thiamine HCl, Riboflavin and Vitamin B-12		~
Selenium		30%
Zinc		20%
Dietary Fiber	4 g	16%
Protein	8 g	16%
Phosphorus		15%
Pantothenic Acid		10%
Tin	12.8 mcg	~
Methionine	128 mg	~
Glutamic Acid	1456 mg	~
Histidine	192 mg	~
Tyrosine	304 mg	~
Nickel	32 mcg	~
Proline	336 mg	~
Phenylalanine	352 mg	~
Isoleucine	384 mg	~
Glycine	384 mg	~
Arginine	384 mg	~
Threonine	432 mg	~
Serine	432 mg	~
Valine	464 mg	~
Alanine	544 mg	~
Leucine	592 mg	~
Lithium	64 mcg	~
Choline	64 mg	~
Lysine	704 mg	~
Inositol	76.8 mg	~
Tryptophan	80 mg	~
Cystine	80 mg	~
Aspartic Acid	896 mg	~
Thiamin (Vitamin B-1)		640%
Folic Acid		60%
Riboflavin (Vitamin B-2)		570%
Vitamin B-6		480%
Niacin		280%
Vitamin B-12		130%

**Key to Ingredients:**

~ = Daily Value not established.  
+ = Percent Daily Value is based on a 2,000 calorie diet.  
† = Values differ depending on age  
‡ = Values differ depending on age

**Other Ingredients:**

**Other:** See product label for more information.

**DataSheet:**


Two heaping tablespoons taken with water or broth is an excellent between meal snack - or simply mix with fruit or vegetable juices to make a nourishing drink.

**The Nutritional Yeast Flakes Sale Price: \$8.24 - Vitamins or Herbs Should be taken as directed on the bottle.**

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