

Mega Multi Mineral Iron-Free vitamins and Herbs.

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## Mega Multi Mineral Iron-Free

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[General Information and datasheet \(Solaray\)](#)

Itemnumber: 4514

Manufacturer: [Solaray](#)



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Description: **Mega Multi Mineral Iron-Free**

UPC: 7628004514

Size: 200ct

Suggested Retail: \$19.59

Discount: **40% OFF MSRP**

Our Price: **\$ 11.75**

Quantity:  [Add To Cart](#)

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### General Information and datasheet (Solaray)

#### Mega Multi Mineral™ Iron-Free

<b>Description:</b>	Solaray's popular MultiMineral formula without Iron. Amino acid chelates plus electrolytes and mineral-rich herbs. The minerals in this highly advanced product are reacted with a whole rice concentrate rather than soy, yeast, or milk proteins that are commonly used to chelate minerals. The special rice concentrate used by Solaray® is seven times higher in amino acid content than ordinary rice and has an amino acid profile preferred by many over soy.
<b>Item#:</b>	4514
<b>Size:</b>	200ct
<b>Directions:</b>	As a dietary supplement, take four capsules daily with meals or with a glass of water.
<b>Serving Size:</b>	4 Capsule 50 Servings per container

Ingredients:	Amount per serving:	% Daily Value: +
Boron (as Tetra-Boron™)	1 mg	~
Vanadium (as Vanadium Amino Acid Chelate)	25 mcg	~
Calories	5	~
Glutamic Acid HCl	50 mg	~
Phosphorus (as Potassium Phosphate)	22 mg	2%
Potassium (as Potassium Phosphate, Potassium Chloride)	59 mg	2%
Chromium (as Chromium Polynicotinate [ChromeMate™])	50 mcg	42%
Copper (as Copper Amino Acid Chelate)	0.5 mg	25%
Selenium (as L-Selenomethionine)	50 mca	71%

Molybdenum (as Molybdenum Amino Acid Chelate)	50 mcg	67%
Manganese (as Manganese Amino Acid Chelate)	5 mg	250%
Iodine (as Potassium Iodide, Kelp)	225 mcg	150%
Magnesium (as Magnesium Oxide, Magnesium Amino Acid Chelate)	500 mg	125%
Calcium (as Calcium Carbonate, Calcium Amino Acid Chelate)	1000 mg	100%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%

**Key to Ingredients:**  
~ = Daily Value not established.  
+ = Percent Daily Value is based on a 2,000 calorie diet.  
† = Values differ depending on age  
‡ = Values differ depending on age

**Other Ingredients:** Gelatin (capsule), Cellulose, Magnesium Stearate and Herbal Base (Parsley [aerial], Alfalfa [leaf], Horsetail [aerial], Watercress [leaf], Dandelion [root], Yellow Dock [root], Chamomile [flowering tops], Kelp [whole])

**Other:** See product label for more information.

### DataSheet:


As a dietary supplement, take four capsules daily with meals or with a glass of water.

**The Mega Multi Mineral Iron-Free Sale Price: \$11.75 - Vitamins or Herbs Should be taken as directed on the bottle.**

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