

Full Spectrum Valerian Extract vitamins and Herbs.

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## Full Spectrum Valerian Extract

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Itemnumber: **PF0407**

Manufacturer: [PLANETARY FORMULAS](#)

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Description: **Full Spectrum  
Valerian Extract**

UPC: **02107810407**

Size: **60 tabs**

Suggested Retail: \$15.50

Discount: **48% OFF MSRP**

**Our Price: \$ 8.06**

Quantity:  [Add To Cart](#)

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Quantity Available: **2**

## General Information and datasheet (PLANETARY FORMULAS)

### Valerian Extract Full Spectrum™ and Standardized

#### Botanical Support for Restful Sleep

Valerian root has been the primary herb of choice for supporting a restful sleep since the 9th century. Modern research has confirmed this traditional use, and has identified valerenic acid, a component of the essential oil, as primarily responsible for its relaxing effects. Planetary Formulas Full Spectrum Valerian Extract combines 450 mg of a concentrated standardized extract (yielding 0.8% valerenic acid) with 200 mg of organically cultivated whole valerian root. Combining these active constituents with the whole herb ensures that all the important compounds of the botanical are present.

#### Supplement Facts for 650 mg

Serving Size: 1 tablet

	Amount	%DV
Valerian Root Extract ( <i>Valeriana officinalis</i> ) (0.8% valerenic acid)	450 mg	
Organic Valerian Root*	200 mg	

\*Organically grown and processed in accordance with the California Organic Foods Act of 1990.

**Other Ingredients:** dibasic calcium phosphate, sorbitol, stearic acid, colloidal silicon dioxide, modified cellulose gum, and magnesium stearate.

**Warning:** If you are pregnant or breastfeeding, consult your health care professional before using this product.

**Suggested Use:** One tablet 1/2 hour before bed, or as recommended by your health care professional.

650 mg    PF0406 30 tabs • PF0407 60 tabs

#### DataSheet:

- [Click here for more Valerian Root info.](#)
- [Valerian Extract 180ct Super Size](#)

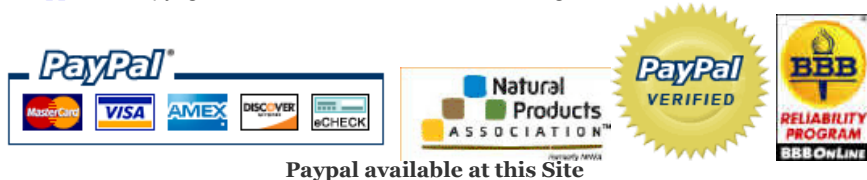
**The Full Spectrum Valerian Extract Sale Price: \$8.06 -  
Vitamins or Herbs Should be taken as directed on the bottle.**

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