

Vit B Complex w/Iron 100 vitamins and Herbs.

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## Vit. Complex w/Iron 100.

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[General Information and datasheet \(SCHIFF/BIO FOODS\)](#)

Itemnumber: **SB0033**

Manufacturer: [SCHIFF/BIO FOODS](#)



The safer, easier way to pay

Description: **Vit B Complex w/Iron 100**

UPC: **02052510134**

Size: **100 tabs**

Suggested Retail: \$19.73

Discount: **31% OFF MSRP**

**Our Price: \$ 13.61**



Ships within 48 - 72 Hours\*

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( 5 for \$ 12.82ea.= \$ 64.10 ) 35% OFF  
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## General Information and datasheet (SCHIFF/BIO FOODS)

Vitamin B-Complex vitamins are essential for maintaining the nervous system, healthy skin, eyes, hair, mouth, liver, muscle tone in the gastrointestinal tract, supporting immune function, producing energy, and assisting in the metabolism of carbohydrates, fats and proteins. Assists in the release of energy from foods. B Complex 100 mg with Iron Dietary supplement. B Complex 100 with iron provides a full spectrum of B vitamins which assist in the release of energy from foods. Schiff's exclusive whole rice base enhances absorption. Unconditionally guaranteed for purity, freshness and labeled potency.

Suggested Use:

Take one (1) tablet daily.

Ingredients:

Supplement Facts

Serving Size 1

Servings Per

Container 100 Tablets

Amount Per Serving % Daily Value

Vitamin B1 (As Thiamin Mononitrate) 100 Mg 6,667%

Vitamin B2

(As Riboflavin) 100 Mg 5,882%

Vitamin B3 (As Niacinamide) 100

Mg 500%

Vitamin B6 (As Pyridoxine Hydrochloride) 100 Mg 5,000%

Folate (As Folic Acid) 200 Mcg 50%

Vitamin B12 (As

Cyanocobalamin) 100 Mcg 1,667%  
Biotin 100 Mcg 33%  
Pantothenic Acid (As D-Calcium Pantothenate) 100 Mg 1,000%  
CALCIUM (AS CALCIUM CARBONATE AND DICALCIUM PHOSPHATE) 145 Mg  
15%  
Iron (As Ferrous Fumarate) 18 Mg 100%  
PROPRIETARY BLEND  
(ALFALFA HERB POWDER, LECITHIN POWDER, PARSLEY LEAF POWDER,  
WATERCRESS AND WHOLE BROWN RICE CONCENTRATE) 5 Mg N/A\*  
Choline  
Bitartrate 100 Mcg N/A\*  
Inositol 100 Mcg N/A\*  
Paba  
(Para-Aminobenzoic Acid) 100 Mcg N/A\*  
\* Daily value not  
established

Other Ingredients: Cellulose, stearic acid,  
cellulose gum, silicon dioxide and magnesium stearate, coating  
(hydroxypropyl methylcellulose and polyethylene glycol).

Does

Not Contain: Added sugar (sucrose, fructose, lactose), salt  
(sodium chloride), yeast, wheat, gluten or milk, preservatives,  
artificial colors or artificial flavors.

Warnings: This product  
is not intended to diagnose, treat, cure or prevent any disease.  
Keep out of reach of children. Store in a cool, dry place with  
lid tightly closed. Accidental overdose of iron-containing  
products is a leading cause of fatal poisoning in children under  
6. Keep this product out of reach of children. In case of  
accidental overdose, call a doctor or poison control center  
immediately.


#### DataSheet:

**The Vit B Complex w/Iron 100 Sale Price: \$13.61 - Vitamins or Herbs  
Should be taken as directed on the bottle.**

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