

Alfalfa 10 Grain 648 mg vitamins and Herbs.

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## Alfalfa Grain 648

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Itemnumber: **SN0201**

Manufacturer: [SOURCE NATURALS](#)

Description: **Alfalfa 10 Grain 648 mg**

UPC: **02107800201**

Size: **250 tabs**

Suggested Retail: \$10.98

Discount: **49% OFF MSRP**

**Our Price: \$ 5.60**

Quantity:  [Add To Cart](#)

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**Quantity Available: 24**

## General Information and datasheet (SOURCE NATURALS)

Alfalfa

### 10 Grains (648 mg)

Alfalfa is one of nature's most nutrient-rich foods. It is 20% protein, and is high in many other nutrients.

Alfalfa as the Father of All Foods Alfalfa was discovered for its medicinal uses in the sixteenth century in the Middle East and was known as the "father of all foods" because the leaves are rich in magnesium, calcium, potassium, carotene and containing eight essential amino acids. Later on in England, this plant was found to treat an upset stomach. Some of the most common uses for alfalfa include the regulation of normal blood clotting with the rich source of vitamin k, alkalizes and detoxifies the body, diuretic, treats ulcers, constipation, and high blood pressure. This plant slows the progress of cholesterol entering the body from food by producing a foam-like substance that holds the cholesterol and is absorbed through the intestinal walls and secreted in the stool. Alfalfa contains bioflavonoids that build capillary strength. These bioflavonoids also reduce inflammation in the lining of the stomach to prevent escalation of ulcers. Alfalfa should be taken as capsules or eaten as fresh raw sprouts and certified organically grown due to high amounts of elements found in the plant when grown in contaminated soils. Avoid alfalfa with pregnant women, those with hay-fever, autoimmune disorders, or premenstrual syndrome. Alfalfa is a good supplement to consider adding to your regular vitamin regiment if you suffer from any ailments listed above and for the benefits of the rich sources of vitamins A, D, E, and K, protein and chlorophyll found in the leaves of alfalfa.

#### Supplement Facts for 648 mg

Serving Size: 6 tablets

	Amount	%DV
Vitamin A (beta carotene)	550 IU	0.1
Vitamin C	1 mg	0.02
Riboflavin (vitamin B-2)	90 mcg	0.06
Vitamin B-12	0.17 mcg	0.03

Calcium	50 mg	0.06
Iron	777 mcg	0.04
Magnesium	9 mg	0.02
Selenium	3 mcg	0.04
Manganese	150 mcg	0.08
Chromium	5 mcg	0.04

**Other Ingredients:** dibasic calcium phosphate, stearic acid, colloidal silicon dioxide, modified cellulose gum and magnesium stearate.

**Warning:** If you are pregnant or breastfeeding, consult your health care professional before using this product.

**Suggested Use:** Six tablets per day.

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, preservatives or artificial color, flavor or fragrance.

**648 mg    SN0201 250 tabs • SN0202 500 tabs • SN0203 1000 tabs**


## DataSheet:

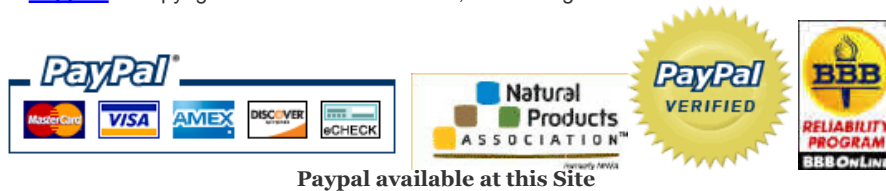
**The Alfalfa 10 Grain 648 mg Sale Price: \$5.60 - Vitamins or Herbs Should be taken as directed on the bottle.**

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