Mega, Strength, Beta, Sitosterol,

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General Information and datasheet (SOURCE NATURALS)

Itemnumber: SN1415
Manufacturer: SOURCE NATURALS

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Description: **Mega Strength Beta Sitosterol**

UPC: 02107801415
Size: 60 Tabs - 375mg
Suggested Retail: $12.50
Discount: 49% OFF MSRP
Our Price: $ 6.38

Ships within 48 - 72 Hours*
Quantity Available: 108

Quantity: 1 Add To Cart

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General Information and datasheet (SOURCE NATURALS)

Beta Sitosterol Mega Strength

375 mg

Phytosterols are natural components of many vegetables and grains. Preliminary scientific evidence suggests that plant phytosterols may help maintain cholesterol levels already within the normal range when consumed as part of a low cholesterol dietary program. The three main phytosterols in this product are beta-sitosterol, campesterol, and stigmasterol. They are derived entirely from plant sources.

Supplement Facts
Serving Size: 1 tablet

	Amount	%DV
Phytosterol Complex	937 mg	†
Yielding:		
Beta Sitosterol	375 mg	†
Campesterol	187 mg	†
Stigmasterol	140 mg	†

Other Ingredients: microcrystalline cellulose, stearic acid, modified cellulose gum, colloidal silicon dioxide, and magnesium stearate.

Warning: If you are pregnant or breastfeeding, consult your health care professional before using this product.

Suggested Use: One tablet just before or with meals (not after).

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

SN1415 60 tabs • SN1416 120 tabs

Beta Sitosterol, the most common phytosterol found in nature, may play a protective role in the development of cancer and prostate cancer.

Consuming either Beta Sitosterol Supplement or a diet high in Beta Sitosterol, suggests a protective role from colon, prostate, and breast cancer. Asians and vegetarians consume higher amounts of PS than Western societies. The latter societies have a higher incidence of these cancers than Asians and vegetarians. Peanuts are a good source of Beta Sitosterol and other phytosterols found in nature.

It also appears to modulate the biochemical synthesis of cytokines, which are responsible for the inflammatory response of the immune system to foreign invaders and tissue damage. It also appears to boost the activity of NK-cells, and also of the proliferation of lymphocytes in general. Another effect of beta sitosterol is in normalizing the insulin and blood sugar levels in Type 2 diabetes. It does this by inhibiting the enzyme glucose-6-phosphatase that is responsible for the conversion of carbohydrates to D-glucose which raises blood sugar levels. The upshot is that the onset of age related Type 2 diabetes is delayed.

In general, beta sitosterol displays many properties beneficial to your health. It displays anti-viral and anti-fungal properties, is believed to be responsible for the suppression of cancers of the colon and prostate, and lymphocytic leukemia. It appears to act as an anti-inflammatory, and has a beneficial effect on ulcers and cramps. There is even evidence that it can help to cure allergies, although more studies are required to confirm this. Those suffering from specific allergies have reported a lessening of the effects when taking beta sitosterol supplements, although it is possible that other dietary factors were also involved.

Beta sitosterol is contained in some concentration or another in most plants, but those richest in the phytosterol are wheat germ, peanuts, soybeans, corn oil, pumpkin seeds and rice bran. None of these form a particularly large part of the western diet, and a supplement is likely the best way to ensure a sufficiently adequate frequent intake as to have a significant effect on your LDL cholesterol level.

DataSheet:

Beta Sitosterol Supplements

The Mega Strength Beta Sitosterol Sale Price: $6.38 - Vitamins or Herbs Should be taken as directed on the bottle.

Vitamins and Herbs at Vitanet Online.com, VitaNet &reg, LLC

Solaray - Ultimate Nutrition - Actipet Pet supplements - Action Labs - Sunny Greens - Thompson nutritional - Natural Sport - Veg Life Vegan Line - Premier One - NaturalMax - Kal

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