

L-Theanine 200 mg Capsule vitamins and Herbs.

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L-Theanine 200 Capsule

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Itemnumber: SN1645

Manufacturer: [SOURCE NATURALS](#)

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Description: **L-Theanine 200 mg Capsule**

UPC: 02107801645

Size: 30 caps

Suggested Retail: \$14.98

Discount: **49% OFF MSRP**

Our Price: **\$ 7.64**



Ships within 48 - 72 Hours*

Quantity Available: 140

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General Information and datasheet (SOURCE NATURALS)

L-Theanine

Helps Reduce Anxiety * 200 mg Tablets and Capsules

L-Theanine is a unique amino acid found almost exclusively in the tea plant (Camellia sinensis) and is the primary ingredient contributing to the unusual taste of green tea. Animal studies have shown that L-theanine crosses the blood brain barrier, increases dopamine and GABA levels in the brain, and inhibits the stimulatory properties of caffeine. Human studies have shown that taking L-theanine results in the emission of brain waves associated with a state of relaxation.

Supplement Facts for tablets

Serving Size: 1 tablet

	Amount	%DV
L-Theanine	200 mg	†

Other Ingredients: dibasic calcium phosphate, microcrystalline cellulose, magnesium stearate, stearic acid, colloidal silicon dioxide, modified cellulose gum, and hydroxypropyl cellulose.

Warning: If you are pregnant, breastfeeding, or taking antidepressant drugs, such as MAOI's or SSRI's, consult your health care professional before taking this product.

Suggested Use: Take one tablet 1-2 times per day, with a glass of water.

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

Supplement Facts for capsules

Serving Size: 1 capsule

	Amount	%DV
L-Theanine	200 mg	

Other Ingredients: dibasic calcium phosphate, gelatin (capsule), colloidal silicon dioxide, and magnesium stearate.

warning: Not for use by pregnant or breastfeeding women, infants or children.

Suggested Use: Take one capsule, one to two times daily, with a glass of water.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy, or wheat, Contains no sugar, starch, salt, preservatives, or artificial color, flavor, or fragrance.

tablets SN1498 30 tabs • SN1499 60 tabs

capsules SN1645 30 caps • SN1646 60 caps


DataSheet:

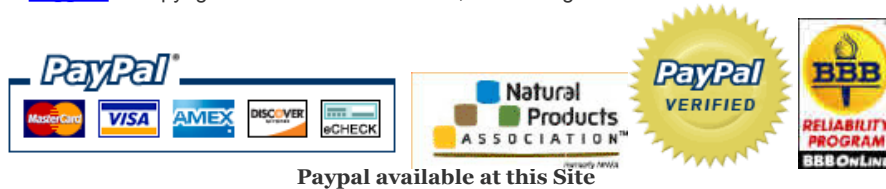
The L-Theanine 200 mg Capsule Sale Price: \$7.64 - Vitamins or Herbs Should be taken as directed on the bottle.

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