

L-Tryptophan 500mg vitamins and Herbs.

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L-Tryptophan 500mg

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Itemnumber: SN1983

Manufacturer: [SOURCE NATURALS](#)

Description: **L-Tryptophan
500mg**

UPC: 021078019831

Size: 30 caps

Suggested Retail: \$11.98

Discount: **49% OFF MSRP**

Our Price: \$ 6.11

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l-Tryptophan

Mood, Relaxation, Sleep

The essential amino acid l-tryptophan helps support relaxation, restful sleep, and feeling better. It plays a part in the synthesis of both melatonin and serotonin, hormones involved with mood and stress response. l-Tryptophan also supports immune functions because it is the body's precursor to the kynurenines that regulate immunity. If needed, l-tryptophan converts to niacin in the body, which supports circulation, a healthy nervous system, the metabolism of food, and the production of hydrochloric acid for the digestive system. Source Naturals l-TRYPTOPHAN is extremely pure and is regularly tested to ensure the highest standards of quality

Supplement Facts for 500 mg

Serving Size: 3 Capsules

Amount %DV

Calcium 69 mg 6

l-Tryptophan 1.5 g †

Other

Ingredients: dibasic calcium phosphate, stearic acid, modified

cellulose gum, and colloidal silicon dioxide.

Warning: If you are pregnant, breastfeeding, may become pregnant, or are taking medications such as SSRI's or MAOI's consult your health care professional before using this product.

Suggested Use: 1 tablet 3 times daily, between meals and preferably with fruit juice. To support restful sleep, take 3 tablets before bed.


DataSheet:

The L-Tryptophan 500mg Sale Price: \$6.11 - Vitamins or Herbs Should be taken as directed on the bottle.

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