

Natural Calm Kids Calm vitamins and Herbs.

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Itemnumber: **VY0017**

Manufacturer: [PETER GILLHAM'S NATURAL VITALITY](#)

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Description: **Natural Calm Kids Calm**

UPC: **183405000056**

Size: **8 oz**

Suggested Retail: \$22.95

Discount: **31% OFF MSRP**

Our Price: \$ 15.84

Quantity: [Add To Cart](#)

(5 for \$ 14.92ea.= \$ 74.60) 35%
OFF MSRP

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Ships within 48 - 72 Hours*

Quantity Available: **186**

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[General Information and datasheet \(PETER GILLHAM'S NATURAL VITALITY\)](#)

Natural Calm Kid's from Peter Gillham's Natural Vitality

This one includes smaller amounts of Magnesium with Vitamin C and Zinc.

The Natural Calm contains Zinc and Vitamin C for growth, relaxation and immunity.

Category: Magnesium for kids

What makes Natural Calm so special over other forms of magnesium supplements is that it is water soluble and assimilates instantly and thoroughly, and works even in cases of highly impaired digestion.

Doctors and clinics: Natural Calm is used by over 1,000 doctors and health clinics nationwide with great success.

Ingredients:

Magnesium Citrate,
Magnesium Ascorbate, Zinc, Stevia and Natural Orange Flavor. No
sugar or artificial sweeteners

Each tablespoon contains
magnesium 615mg

Comments: Kids will love it sweetened with
the herb stevia and natural orange.

Usage:

Start with 1/2
teaspoon or less daily and gradually increase within two weeks
to 1 teaspoon or more as needed. When bowels are comfortable by
loose, this is the optimal amount. Can be taken anytime, with or
without food.

How to Use Natural Calm ?

Preparation:

As you can read from the label, Natural Calm is made as a tea by
placing the powder in hot water to dissolve. Cold water can be
added at will for instant drinking.

How much?

It is
important to understand that individual needs will vary. Some
individuals will need more Natural Calm than others. We
recommend that you start with 1 teaspoon daily, and increase
your dose up to the point of loose stools. This will be the dose
you will need to maintain for regular use.

The final amount

taken could range anywhere from a 1/4 teaspoon to 3-4 teaspoons.
This could be taken all at once or split to 2-3 smaller dosages
throughout the day.

Diarrhea: If you get diarrhea, it is a
sign that you used too high a dose, and you need to cut it back
to the point where the diarrhea does not reappear.

What
about kids?

the same applies as before. Start with a small
amount and increase. We recommend starting with 1/4 a teaspoon
and increasing, depending on the kids physical size. If they are
10 years old they can often handle up 1/2 - 1
teaspoon.

High stress and low magnesium = big trouble.
Magnesium is a powerful anti-stress mineral and its deficiency is associated with most irritability or stress cases. Use in those stressful times and high tension periods or use regularly to reduce them. Natural Calm is a breakthrough in magnesium supplements and delivers the highest assimilation possible. Magnesium is perhaps the most vital mineral of the body and when there is a deficiency the body will not function properly in many ways.


DataSheet:

The Natural Calm Kids Calm Sale Price: \$15.84 - Vitamins or Herbs Should be taken as directed on the bottle.

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