

Natural Calm Mama Calm vitamins and Herbs.

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Natural Calm Mama Calm

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Itemnumber: **VY0024**

Manufacturer: [PETER GILLHAM'S NATURAL VITALITY](#)

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Description: **Natural Calm Mama Calm**

UPC: **183405000049**

Size: **8 oz**

Suggested Retail: \$22.95

Discount: **31% OFF MSRP**

Our Price: **\$ 15.84**



Ships within 48 - 72 Hours*

Quantity Available: **142**

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(5 for \$ 14.92ea.= \$ 74.60) 35% OFF MSRP

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General Information and datasheet (PETER GILLHAM'S NATURAL VITALITY)

Natural Calm Mama Calm from Peter Gillham's Natural Vitality

It has folic Acid, Zinc, and Vitamin C with smaller dosage of Magnesium then the regular Natural calm .

Mama

Calm absorbs instantly. It contains folic acid and Zinc for proper DNA formation.

What makes Natural Calm so special over other forms of magnesium supplements is that it is water soluble and assimilates instantly and thoroughly, and works even in cases of highly impaired digestion.

Doctors and clinics:

Natural Calm is used by over 1,000 doctors and health clinics nationwide with great success.

Category: Magnesium drink

Natural Calm Mama Calm Ingredients:

Magnesium

Citrate, Magnesium Ascorbate, Elemental Zinc, Folic Acid, Stevia and Natural Lemon and Raspberry flavors.

Each tablespoon

contains magnesium 615mg

Comments: Thousand of studies have shown that folic acid is vital for a healthy and successful pregnancy. Zinc and magnesium are equally necessary for proper DNA formation, mood functions and relaxation. Magnesium provides relaxation and comfort.

Natural Calm Mama Calm

Usage:

Start with 1 teaspoon or less daily and gradually increase to 3 teaspoons or more, as needed. When bowels are comfortably loose, this is the optimal amount.

How to

Use Natural Calm Mama Calm?

Preparation: As you can read

from the label, Natural Calm is made as a tea by placing the powder in hot water to dissolve. Cold water can be added at will for instant drinking.

How much Natural Calm Mama Calm?

It is important to understand that individual needs will vary. Some individuals will need more Natural Calm than others. We recommend that you start with 1 teaspoon daily, and increase your dose up to the point of loose stools. This will be the dose you will need to maintain for regular use.

The final amount

taken could range anywhere from a 1/4 teaspoon to 3-4 teaspoons. This could be taken all at once or split to 2-3 smaller dosages throughout the day.

Diarrhea: If you get diarrhea, it is a

sign that you used too high a dose, and you need to cut it back to the point where the diarrhea does not reappear.

What

about kids?

the same applies as before. Start with a small

amount and increase. We recommend starting with 1/4 a teaspoon and increasing, depending on the kids physical size. If they are

10 years old they can often handle up 1/2 - 1
teaspoon.

High stress and low magnesium = big trouble.
Magnesium is a powerful anti-stress mineral and its deficiency
is associated with most irritability or stress cases. Use in
those stressful times and high tension periods or use regularly
to reduce them. Natural Calm is a breakthrough in magnesium
supplements and delivers the highest assimilation possible.
Magnesium is perhaps the most vital mineral of the body and when
there is a deficiency the body will not function properly in
many ways.


DataSheet:

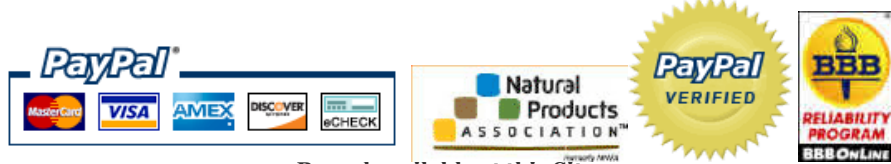
**The Natural Calm Mama Calm Sale Price: \$15.84 - Vitamins or Herbs
Should be taken as directed on the bottle.**

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